

THE JUST **SAY**
WORD



a simple way
to increase your
passion for God
and your wife

Sam Ingrassia

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INTRODUCTION

BIBLICAL AND SIMPLE

An epidemic afflicts our generation! Many—dare I say most—Christian men live with the burden lurking in their hearts and minds that they are failing to provide spiritual leadership for their wives. This is even true among godly Christian men who are helping others pursue God. We are not initiating regular and intentional spiritual connection with our wives. Sure, we share spiritual life from time to time, but not on a regular and intentional basis. What am I talking about? Simply this: *Praying together*.

Be honest. Beyond dinner prayers, bedtime prayers with children or praying at church, in a typical week, how often do you and your wife pray together? Just the two of you?

A candid answer is likely not a comfortable one. I know that because of the answers from my own life. I have also posed this question, eyeball to eyeball, with a host of Christian brothers. And I know how their answers fare.

I know you don't need any additional guilt today. Nor do I desire to load you further. It is important to recognize how we have failed because the admission can give way to the repentance of mind and heart, which can open us to viable and lasting changes. But mourning the past, or even the present, will not provide lasting motivation and change.

We need to see something ahead. And that something is an opportunity. *I tell you: the opportunity is ripe for us to step into our role and see*

God show up in very real ways.

My hope is to share a model and call you to a challenge, which is not only **biblical**, but also **simple** to embrace. It will lead you and your wife to a fresh dimension in your spiritual walk together. You will be bolstered in the storms of life. You will be equipped to provide and protect your marriage and family with confidence. It will impact your children and grandchildren. In fact, it will touch every dimension of your life.

God has brought this matter to the forefront of attention in my own life. And I thank Him for doing so. My wife thanks Him for it as well! I want to share my story so that with me you can welcome your role with hope and resolve.